

UNIT STANDARD ID: 229995

**INSTALL, USE AND PERFORM BASIC RESCUES FROM
FALL ARREST SYSTEMS AND IMPLEMENT THE FALL
PROTECTION PLAN**



FALL ARREST TECHNICIAN



GROUP 583
CONSULTING



Basic Fall Arrest Technician

UNIT STANDARD ID: 229995 - NQF LEVEL 2 - CREDITS 3

Install, use and perform basic rescues from fall arrest systems and implement the fall protection plan

Is this programme suitable for my needs ?

The Fall Arrest Technician course is aimed at small working teams (such as the telecoms industry, the power distribution industry and technical rigging industry) that need to use a combination of fall arrest systems, install their own temporary systems and perform their own rescues if required. Small teams trained on this programme can only operate without supervision if a risk assessment, a fall protection plan and worksite procedure is in place.

Duration

3 days of training and assessment

Minimum of Candidates

If you have ten (10) learners we can assist with your own training date.

If you have fewer than 10 learners, please contact us for training dates.

Benefits of this training programme

After successful assessment has been completed candidates will be able to:

- Use a range of items of fall arrest equipment
- Tie 4 basic rope knots
- Install and use temporary fall arrest systems
- Inspect and assemble fall arrest equipment and systems
- Interpret and implement the fall protection plan
- Perform basic fall arrest rescues
- Briefly explain suspension trauma
- Use and explain the limitations of a limited range of fall arrest equipment
- Inspect and assemble fall arrest equipment
- Select suitable anchor points
- Use a double leg lanyard
- Use pre-installed vertical and horizontal lifelines

Entry Requirements

- Medical certificate
- Certified Copy of ID