

# RADIO FREQUENCY AWARENESS



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# Radio Frequency Awareness

## Is this programme suitable for my needs ?

This programme is suitable for any person working in an environment where there is exposure to radio frequency radiation, such as telecommunication sites.

## Duration

1 day of training and assessment

## Minimum of Candidates

If you have ten (10) learners we can assist with your own training date.

If you have fewer than 10 learners, please contact us for training dates.

## Benefits of this training programme

After successful assessment has been completed candidates will have the following knowledge:

- Health risks of RF radiation.
- Have an understanding about on-site RF procedures.
- Identification RF zones.
- Understanding safety zones.
- Knowledge of power down procedures.
- Understanding RF signage.
- First aid treatment of RF injuries.
- Reporting of RF incidents.
- Interpret RF signage.
- Identify RF safety zones.
- Selecting safe work areas.
- Implementing time averaging.
- Working safely in an RF area.
- Communicating RF dangers to a team.

## Entry Requirements

- Original certified copy of I.D. document
- Copy of valid medical certificate