## BASIC FALL ARREST OPERATOR



GROUP 583

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### Is this programme suitable for my needs?

Yes, if you are working in a Fall Risk environment, and you need a basic understanding of how to work safely at height. This programme is for candidates at an entry level and should still be supervised at all times. It is also suitable for unskilled workers who have special needs in terms of learning, for instance writing and language barriers.

## Benefits of this training programme?

After successful assessment has been completed candidates will have the following

- Use and explain the limitations of a limited range of fall arrest equipment
- Inspect and assemble fall arrest equipment
- Select suitable anchor points
- Use a double leg lanyard
- Use pre-installed vertical and horizontal lifelines

**Entry Requirements** 1. Medical certificate 2. Certified copy of ID

#### Duration

1 day of training and assessment

#### **Minimum of Candidates**

If you have ten (10) learners we can assist with your own training date. If you have fewer than 10 leaners, please contact us for training dates.